

## Social Emotional Learning Activity for Intermediate Grades (3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup>)

Your student maybe on technology a lot more than usual in the coming weeks. They might be gaming with friends online, texting with a friend, or recording a YouTube video. Technology has benefited our lives greatly and can also be a challenge – especially when it comes to deciding what to share and how much. Help your student develop a healthy digital footprint by discussing the long-term consequences of posting pictures and videos online. Watch these videos together to get the conversation started:

<https://youtu.be/ottnH427Fr8> or <https://youtu.be/yrln8nyVBLU>

Cyberbullying video:

[https://www.youtube.com/watch?v=Jwu\\_7lqWh8Y&feature=youtu.be](https://www.youtube.com/watch?v=Jwu_7lqWh8Y&feature=youtu.be)

Internet Safety video:

<https://www.youtube.com/watch?v=yrln8nyVBLU&feature=youtu.be>